



**A & W Food Services of Canada Inc.**

A&W Allergen Statement

We are committed to providing our guests with the most current ingredient, nutritional and allergen information related to our products. The safety of our guests is a top priority. Regular kitchen operations may result in food sharing common preparatory, cooking or holding areas. The shared use of equipment (fryers, grill, etc.) and utensils may also occur. For individuals with food allergies, this may represent an opportunity for cross-contact with their allergen of concern. We recommend that individuals with dietary needs, including food allergies, consult their healthcare provider. A&W Food Services of Canada, its Franchisees and employees do not assume responsibility for any allergy or sensitivity to any food provided in our restaurants.

Please see the table below for allergen information for our standard menu items. The ingredients listed are those reported by product suppliers. For information on specific ingredients, you are encouraged to visit [www.aw.ca](http://www.aw.ca) or ask for ingredient information in any of our restaurants. Thank you.



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| <b>Allergen Information</b><br>P = in product<br>M = in manufacturing facility | p<br>e<br>a<br>n<br>u<br>t<br>s | t<br>r<br>e<br>e<br>n<br>u<br>t<br>s | s<br>e<br>s<br>a<br>m<br>e<br>s<br>e<br>e<br>d<br>s | m<br>i<br>l<br>k | w<br>h<br>e<br>a<br>t<br>&<br>o<br>t<br>h<br>e<br>r<br>g<br>l<br>u<br>t<br>e<br>n | s<br>o<br>y | e<br>g<br>g<br>s | f<br>i<br>s<br>h | s<br>h<br>e<br>l<br>l<br>f<br>i<br>s<br>h | s<br>u<br>l<br>p<br>h<br>i<br>t<br>e<br>s | m<br>u<br>s<br>t<br>a<br>r<br>d | other<br>(specify<br>) |
|--|---------------------------------|--------------------------------------|---|------------------|---|-------------|------------------|------------------|---|---|---------------------------------|------------------------|
| <b>Proteins</b>  |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Small Beef Patty   |                                 |                                      |   |                  | M   | M           | M                |                  |   | M   | M                               |                        |
| Regular Beef Patty   |                                 |                                      |   |                  | M   | M           | M                |                  |   | M   | M                               |                        |
| Large Beef Patty   |                                 |                                      |   |                  | M   | M           | M                |                  |   | M   | M                               |                        |
| The Beyond Meat® Patty   |                                 |                                      |   |                  |   | M           |                  |                  |   |   | M                               |                        |
| Bacon  |                                 |                                      |   |                  |   |             |                  |                  |   |   | M                               |                        |
| Sausage Patty  |                                 |                                      |   | P                | M   | M           |                  |                  |   |   |                                 |                        |
| A&W® Seasoning   |                                 |                                      | M   | M                | M   | M           | M                | M                | M   | M   | M                               |                        |
| Egg  |                                 |                                      |   |                  |   |             | P                |                  |   |   |                                 |                        |
| Sausage Links  |                                 |                                      |   | P                | M   | M           |                  |                  |   | M   | M                               |                        |
| Chicken Buddy Portion  |                                 |                                      |   | M                | P   | P           | M                |                  |   |   | M                               |                        |
| Breaded <i>Chubby Chicken</i> ® Portion  |                                 |                                      |   | M                | P   | M           | M                |                  |   |   | M                               |                        |
| Spicy Chicken Portion  |                                 |                                      |   | M                | P   | P           | M                |                  |   |   | M                               |                        |
| Chubby Chicken® Strip  |                                 |                                      |   | M                | P   | M           | M                |                  |   |   | M                               |                        |
| <b>Bread</b>   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Sesame Seed Bun  |                                 |                                      | P   |                  | P   | M           |                  |                  |   | M   |                                 |                        |
| Hamburger Bun  |                                 |                                      | M   |                  | P   | M           |                  |                  |   | M   |                                 |                        |
| 7-Grain Bun  |                                 |                                      | P   |                  | P   |             |                  |                  |   |   |                                 |                        |
| English Muffin   |                                 |                                      | M   |                  | P   | M           |                  |                  |   |   |                                 |                        |
| White Toast  |                                 |                                      | M   |                  | P   | P           |                  |                  |   |   |                                 |                        |
| Whole Wheat Toast  |                                 |                                      | M   |                  | P   | P           |                  |                  |   |   |                                 |                        |
| Flour Tortilla   |                                 |                                      |   |                  | P   |             |                  |                  |   | M   |                                 |                        |
| Pancakes   |                                 |                                      |   | P                | P   | P           | P                |                  |   |   |                                 |                        |
| <b>Cheese</b>  |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Cheddar Cheese   |                                 |                                      |   | P                |   |             |                  |                  |   | M   |                                 |                        |
| Mozzarella Cheese  |                                 |                                      |   | P                |   |             |                  |                  |   | M   |                                 |                        |
| Jalapeno Monterey Jack   |                                 |                                      |   | P                |   |             |                  |                  |   | M   |                                 |                        |
| Cheese Curds   |                                 |                                      |   | P                |   | M           | M                |                  |   | M   |                                 |                        |
| <b>Sides</b>   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Russet Thick-cut Fries   |                                 |                                      |   | M                | M   | M           |                  |                  |   |   |                                 |                        |
| Hash Browns  |                                 |                                      |   | M                | M   | M           |                  |                  |   |   |                                 |                        |
| Sweet Potato Fries   |                                 |                                      |   |                  | M   |             |                  |                  |   |   |                                 |                        |
| Onion Rings  |                                 | M                                    | M   | M                | P   | P           | M                | M                | M   | M   | M                               |                        |
| Gravy  |                                 |                                      | M   | M                | P   | M           | M                | M                | M   | M   | M                               |                        |
| Poutine Sauce  |                                 | M                                    | M   | M                | M   | P           | M                | M                | M   | M   | M                               |                        |
| <b>Kids Pack</b>   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Kids Buddy Burger with Cheese  |                                 |                                      | M   | P                | P   | P           | M                | M                | M   | M   | M                               |                        |
| Kids Buddy Burger  |                                 |                                      | M   | M                | P   | P           | M                | M                | M   | M   | M                               |                        |
| Chicken Strips -2  |                                 |                                      |   | M                | P   | M           | M                |                  |   |   | P                               |                        |



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|  |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
|--|---------------------------------|--------------------------------------|---|------------------|---|-------------|------------------|------------------|---|---|---------------------------------|------------------------|
| Chicken Buddy Burger   |                                 |                                      | M   | M                | P   | P           | P                | M                | M   | M   | M                               |                        |
| MadeGood Bar   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Apple Slices   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Milk2Go  |                                 |                                      |   | P                |   |             |                  |                  |   |   |                                 |                        |
| <b>Desserts</b>  |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Apple Turnover   |                                 |                                      | M   | P                | P   | M           | M                | M                | M   | M   | M                               |                        |
| Root Beer Lollipop   |                                 |                                      |   | M                |   | M           |                  |                  |   | M   |                                 |                        |
| <b>Condiments</b>  |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Ketchup  |                                 |                                      | M   | M                | M   | M           | M                | M                | M   | M   | M                               |                        |
| Mustard  |                                 |                                      |   |                  | M   | M           |                  | M                |   | M   | P                               |                        |
| Pickles  |                                 |                                      |   | M                |   |             | M                |                  |   | M   | M                               |                        |
| Teen® Sauce  |                                 |                                      | M   | M                | M   | M           | P                | M                | M   | M   | P                               |                        |
| Mayonnaise   |                                 |                                      | M   | M                | M   | M           | P                | M                | M   | M   | M                               |                        |
| Mozza® Sauce   |                                 |                                      | M   | M                | M   | P           | P                | M                |   | M   | P                               |                        |
| Chipotle Mayonnaise  |                                 |                                      | M   | M                | M   | M           | P                | M                |   | M   | P                               |                        |
| Ranch Dressing   |                                 |                                      | M   | P                | M   | M           | P                | M                |   | M   | M                               |                        |
| Grilled Onions   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Honey Mustard Dipping Sauce  |                                 |                                      | M   | M                | M   | M           | P                | M                | M   | M   | P                               |                        |
| Barbecue Dipping Sauce   |                                 |                                      | M   | M                | P   | P           | M                | M                | M   | M   | M                               |                        |
| Jalapeno Ranch Dipping Sauce   |                                 |                                      | M   | P                | M   | M           | P                | M                | M   | M   | M                               |                        |
| <b>Allergen Information</b><br>P = in product<br>M = in manufacturing facility | p<br>e<br>a<br>n<br>u<br>t<br>s | t<br>r<br>e<br>e<br>n<br>u<br>t<br>s | s<br>e<br>s<br>a<br>m<br>e<br>s<br>e<br>e<br>d<br>s | m<br>i<br>l<br>k | w<br>h<br>e<br>a<br>t<br>&<br>o<br>t<br>h<br>e<br>r<br>g<br>l<br>u<br>t<br>e<br>n | s<br>o<br>y | e<br>g<br>g<br>s | f<br>i<br>s<br>h | s<br>h<br>e<br>l<br>l<br>f<br>i<br>s<br>h | s<br>u<br>l<br>p<br>h<br>i<br>t<br>e<br>s | m<br>u<br>s<br>t<br>a<br>r<br>d | other<br>(specify<br>) |
| Sweet And Sour Dipping Sauce   |                                 |                                      | M   | M                | M   | M           | M                | M                | M   | M   | M                               |                        |
| Smucker's <sup>2</sup> Strawberry Jam  |                                 |                                      |   | M                |   | M           |                  |                  |   | M   |                                 |                        |
| Smucker's <sup>2</sup> Raspberry Jam   |                                 | M                                    | M   | M                | M   | M           | M                | M                |   | M   | M                               |                        |
| JIF <sup>2</sup> Peanut Butter   | P                               |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Smucker's <sup>2</sup> Honey   |                                 |                                      |   | M                | M   | M           |                  |                  |   | M   |                                 |                        |
| Smucker's <sup>2</sup> Breakfast Syrup   |                                 |                                      |   | M                |   | M           |                  |                  |   | M   |                                 |                        |
| Canola Pan Coating   |                                 |                                      |   |                  | M   | M           |                  |                  |   |   |                                 |                        |
| Margarine  |                                 |                                      |   | M                |   | M           |                  |                  |   |   |                                 |                        |
| <b>Drinks</b>  |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| A&W Root Beer®   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Diet A&W Root Beer®  |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Coca-Cola <sup>1</sup>   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Diet Coke <sup>1</sup>   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Sprite <sup>1</sup>  |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Gold Peak Iced Tea <sup>1</sup>  |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Orange Juice   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Apple Juice  |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Lemonade   |                                 |                                      |   |                  |   |             |                  |                  |   |   |                                 |                        |
| Hot Chocolate  |                                 |                                      |   | P                | M   | P           |                  |                  |   | M   |                                 |                        |



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|                                |   |   |   |   |   |   |   |   |   |   |   |  |
|--------------------------------|---|---|---|---|---|---|---|---|---|---|---|--|
| Ice Cream Portion              | M | M |   | P | M | P | M |   |   |   |   |  |
| A&W Root Beer® Milkshake Syrup |   |   | M | M | M | M | M | M | M | M | M |  |
| Chocolate Milkshake Syrup      |   |   | M | M | M | M | M | M | M | P | M |  |
| Vanilla Milkshake Syrup        |   |   | M | M | M | M | M | M | M | M | M |  |
| Strawberry Milkshake Syrup     |   |   | M | M | M | M | M | M | M | M | M |  |

**Notes to Nutrition & Allergen Tables**

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<sup>1</sup>Registered trademark of Coca-Cola Ltd.

<sup>2</sup>Registered trademark of Smucker Foods of Canada Co.

<sup>3</sup>Trademark of Beyond Meat Inc., used under license.

The ingredients listed are those reported by product suppliers. Sensitivities and allergies to some food ingredients may occur in some individuals. A&W Food Services of Canada Inc., its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food product in our restaurants. The nutritional information is based on standard product recipes and may vary between restaurants. Product data is current as of the issue date noted on the first page. Any product changes or new products introduced thereafter may result in changes to the information provided in this booklet.

For more nutritional information along with full allergen information please visit our web site at: [www.aw.ca](http://www.aw.ca)

Eggs will only be served undercooked at the guest's request. Consuming undercooked eggs may increase the risk of foodborne illness.